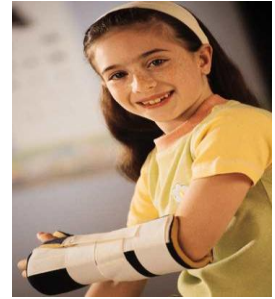


Injuries

My student has an injury that will keep him out of gym for a few weeks. What should I do?

Obtain a written note from his doctor stating the specific activity restriction and its duration. Please be sure to have the doctor write a note that states when your child is able to resume physical activity. This note should be given to the School Nurse.



How will you contact me if my student becomes ill or seriously injured while at school?

Information provided on the student's emergency cards will be used. Please make sure that emergency contact information is complete with up to date phone numbers, including cell numbers. If there has been any change, please contact the school to add or eliminate names/numbers.

