



Community Resource Guide

At-Risk Student Behavior

MentalHealth.gov.

<https://www.mentalhealth.gov/>

A one stop resource which provides numerous other resources regarding mental health, and social emotional supports for students and families, such as eating disorders, suicide, self-harm, anxiety disorders. This resource provides both a basic overview of mental health disorders, and also specifically breaks information up for specific groups of individuals, (youth, adults, educators, professionals). This resource also connects people to local community organizations. All text on this website can be translated into Spanish with the click of a button.

Center for Parent Information and Resources

<http://www.parentcenterhub.org/>

This is a great site, because it allows parents a comprehensive list of resources to assist them. Under the "Resources" tab, there is a full list of resources both in English and in Spanish. Under the "Products" tab, there is an A-Z list of over 90 resources organized by topic for parents. The last tab, "work space" allows parents to connect with other parents and collaborate with other professionals in an on-line digital forum. Please note: there is no physical parent center for parents or guardians located in Kane County, only in the city of Chicago, and downstate Illinois. However, the resource list alone is a very user friendly piece for parents.

NCCP-National Center for Children in Poverty

<http://www.nccp.org/>

Has many resources for families and the district for children in poverty/low income. Very user friendly. The site analyzes data from multiple sources to help direct public policy decisions and inform the media about the effects of poverty on children and families. The site include a calculator for income based basic needs budgets and multiple user friendly links for families to find resources for health and dental insurance. The site also includes posters for the school/agency to use to inform parents about health/dental insurance and has resources to use on social media to help keep parents informed about the importance of health insurance and success in school.

NIH-National Institutes of Health

<https://www.nih.gov/>

A great resource for any health related questions or information. It provides information on specific physical and mental illnesses and provides information including symptoms and additional resources of information. You can find more information on current news stories and hot topics about health concerns. It also provides a lot of links to community resources and help with finding doctors or related services in the area.



Community Resource Guide

CDC Centers for Disease Control and Prevention

<https://www.cdc.gov/>

This website contains everything health related that students or families may want to research online. Provides information regarding symptoms of illnesses or diseases in order to help families determine whether or not they need further medical care or consultation. All information can be translated into Spanish with a click of a button.

MedlinePlus

<https://medlineplus.gov/>

Find information on health conditions, wellness issues, and more. MedlinePlus provides up-to-date health information from trusted health sites. Watch videos on topics such as anatomy and body systems. Tutorials from the National Library of Medicine teach you about medical words and how to evaluate internet health information.

Recursos en español

<http://www2.ed.gov/espanol/bienvenidos/es/index.html>

This resource provides pamphlets on a variety of topics ranging from academic to social emotional support for parents in Spanish

Substance Abuse and Mental Health Services Administration/SAMHSA

<http://www.samhsa.gov/underage-drinking/parent-resources>

This website offers resources of a variety of mental health topics, and substance abuse, in multiple languages.

U.S. Department of Health & Human Services

<https://espanol.mentalhealth.gov/index.html>

The U.S. Department of Health and Human Services provides information on mental health in Spanish

MedlinePlus

<https://medlineplus.gov/spanish/depression.html>

A great resource for information on depression! Offered in Spanish. Also referenced in Parent Resources in English.



Community Resource Guide

Autism

Prairie Clinic (Autism) Dr. Wahlberg

1541 E. Fabyan Pkwy, Ste. 101

Geneva, IL 60134

(630)-845-9644

www.theprairieclinic.com

Social groups designed to help with awareness of social cues, handling emotions and social situations, becoming empowered, and beginning to interact effectively with peers, teachers, etc.

Insurance: BCBS PPO

NIA Autism Library

autism@thenia.org

NIA autism team resources. Free checkouts for any staff, family, or community member in the NIA region.

Clothing

Blessing Barn

8310 Railroad St.

Crystal Lake, IL 60012

815-382-0206

www.blessingbarn.org

Provides basic life need items (clothing, household, kitchen misc. other items) to those who consider themselves in need. Who we serve: Anyone in McHenry County who considers them self in need.

Clothing Closet for McHenry County

221 E. Calhoun St.

Woodstock IL

815-348-5316

M-F 10:00am-4:45pm Sat. 10:0Dam-1:30pm

Willow Creek Care Center: Children Clothing Store

67 E. Algonquin Rd.

South Barrington, IL 60010

(224)512-2600

www.willowcreekcarecenter.org

Crisis

1st Way Pregnancy Support Services

2020 W. Johnsburg Rd.,

Johnsburg, IL 60051

815-385-2999

www.mchenry1stway.org

Provides assistance, emotional and financial support for women and girls who find themselves in a crisis pregnancy.

Who we serve: Women and teenage girls In McHenry County. Eligibility requirements: Pregnant and/or recently gave birth.



Community Resource Guide

CARES Hotline

(800) 345-9049

On-site crisis intervention and referral

McHenry County Crisis Program

(800) 892-8900

Provides assessments the same as SASS but for privately insured students and students that are not eligible for SASS services. Also has part of their website that one can enter an area that you need resources for and it will give you a variety of resources in the area.

National Runaway Safe Line

(800)786-2929

(800)621-4000

www.1800runaway.org

Assists with non-wards of state (non DCFS children) who have run away from home and wish to return, and parents are willing to take child back. They have a contract with both Greyhound and Amtrak to assist with the transport back.

National Center for Missing and Exploited Children

(800)843-5678

www.ncmec.org

Assists with both domestic and international cases of missing children.

Salvation Army

316 Douglas Avenue

Elgin, IL

847-741-2304

Support for Adults, Adult Rehabilitation, Elderly Services, Missing Persons, Children & Families, Hunger Relief, Housing & Homeless Services, Christmas Assistance, Youth Camps & Recreation, Latch Key Programs, Casework Services, Emergency Financial Assistance, Food & Nutrition.

SASS Hotline

(800)-345-9049

On-site crisis intervention and referral

Dental

Aunt Martha's

3003 Wakefield Dr.

Carpentersville, IL 60110

(847)851-8600

Aunt Martha's Youth Service Center provides comprehensive health and social services for family members of all ages across Illinois. Many services are offered for free or at a reduced cost using a sliding fee scale and are not denied due to inability to pay. Bilingual Services Available.



Community Resource Guide

McHenry County Cooperative Dental Clinic

327 Main Street

Woodstock, IL 60098

(815)337-5616

Oral examinations, teeth cleaning, necessary diagnostic x-rays, basic fillings, simple non-surgical extractions, brushing and flossing instructions, information and education, Sealants, Topical fluoride, Referral to other dental resources. Eligibility requirements: The goal of the McHenry County Cooperative Dental Clinic is to provide access to dental care for low income McHenry County residents.

Domestic Violence

A Safe Place

2710 17th Street

Zion, IL 60099

Business- 847-731-7165 Crisis Line- 847-249-4450

www.asafeplaceforhelp.org

Provides emergency shelter, transitional housing, counseling, order of protection services, supervised visitations and exchanges, and intervention services. Who we serve: People who have experienced domestic violence.

Community Crisis Center

P.O. Box 1390

Elgin, IL 60121

Business line: (847)-742-4088 Crisis line: (847)-697-2380

www.crisiscenter.org

Services for victims of domestic violence, individuals who are abusive, victims of sexual assault, help for those who need food and shelter, individual and family counseling, and community education. Insurance: Fees for victims' services are free.

Home of the Sparrow

Woodstock, IL

815-444-1660

Provides emergency shelter and services.

Turning Point, Inc. of McHenry County

11019 Rt. 14 P0Box721

Woodstock, IL 60098

(815) 338-8081

(800) 892-8900 (after-hours crisis line)

www.mchenrycountytumingpoint.org

Serves victims of domestic violence in support groups (Spanish speaking groups as well), child care offered during groups for no charge, individual counseling for no charge (also in Spanish), children who have witnessed or experienced domestic violence, and perpetrators of violence. Services are free, except for the perpetrators of violence, who do require an intake beforehand.



Community Resource Guide

Catholic Charities

651 W. Lake St.

Chicago, IL 60661

(312)655-7191

Services Include: Individual, group, and family counseling for children and teens victims of physical and sexual abuse
Contracted with DCFS. Spanish speaking services provided.

National Domestic Violence Hotline

800.799.SAFE (7233)

www.ndvh.org

Disabilities Support and Programs

Access Living

115 W. Chicago Ave.

Chicago, IL 60654

(312)640-2100 Civil Rights TTY: (312)640-2169 Housing Team TTY: (312)640-2168

Hours: Mon-Fri, 8.30am-5.00pm Information & Referral TTY: 312.640.2102

SERVICES INCLUDE: Peer counseling and independent living skills training for disabled persons.

Recruiting and training personal care attendants. Public education and systematic advocacy on the rights of the disabled. Civil rights team. Assist in housing. Services provided in both sign language and Spanish. Youth and Education Group

Assistive Technology Program – IATP

www.iltech.org

Free assistive technology program for Illinois residents of all ages. Services include device loans, AT classifieds, AT and AAV evaluations for schools, evic demonstrations, funding assistance and information.

Connect the Dot's Therapy, PC

OT/SLP Clinic

1A Flinn St.

Batavia, IL 60510

630-425-3134

GiGi's Playhouse

A Down Syndrome Achievement Center. Serving children and adults of all ages.

5404 West Elm Street Suite A

McHenry, IL 60050

(815)385-PLAY(7529)

and 2350 West Higgins Rd.

Hoffman Estates, IL, 60169

(847)885-PLAY(7529)



Community Resource Guide

Little City Foundation

1760 Algonquin Road
Palatine, IL 60067-4799
(847)358-5510
www.littlecity.org

Little City Foundation (LCF) offers a therapeutic residential community, day school, home-based supports, and services for children and adults with developmental disabilities. Their mission is to ensure that people with intellectual and developmental disabilities are provided with the best options and opportunities to live safely, work productively, explore creatively and learn continuously throughout their lifetime.

Options & Advocacy for McHenry County

365 Millennium Drive, Suite A
Crystal Lake, IL 60012
www.optionsandadvocacy.org

Provides service coordination and other supports for people in McHenry County with delays and/or disabilities. We serve: Infants and children under age 3 who have developmental delays, children and adults with developmental disabilities, children and young adults with autism, and persons of all ages who have epilepsy, Eligibility requirements: McHenry county residency and each program has separate eligibility requirements.

Prairie Clinic (Autism)

1541 E. Fabyan Pkwy, Ste. 101
Geneva, IL 60134
(630)-845-9644
www.theprairieclinic.com.

Social groups designed to help with awareness of social cues, handling emotions and social situations, becoming empowered, and beginning to interact effectively with peers, teachers, etc.
Insurance: BCBS PPO

Pioneer Center For Human Services

4001 Dayton St.
McHenry, IL 60050
(815)344-1230

www.pioneercenter.org

Provides day, residential, and case management support services for individuals with developmental disabilities (including vocational preparation and training) day, residential services, and case management day program and case management support for those with traumatic brain injury; children and adolescents at risk and in need of counseling (including psychiatric services); pregnant and parenting teen education and support, delinquency intervention and after school program, and runaway and homeless youth services. Who we serve: Developmental disabled, mentally ill, substance addicted, homeless, at-risk youth and their families, victims of sexual assault and others.

NIA Website

www.thenia.org

Provides information and links to many resources on autism, assistive technology and services provided in the region.



Community Resource Guide

NIA - Ortho Clinic

630-513-6781

Orthopedic evaluation and recommendations by a pediatric orthopedic surgeon. Free to all who live in the NIA area. (School referral not required) Bilingual translation available.

St. Charles Hearing Clinic

Free audiology testing with school referral.

2422 W. Main St. Suite 3A

St. Charles, IL 60175

630-513-5012

Early Childhood

Early Head Start/Two Rivers Head Start

150 S. Kennedy Dr., Suite #20A Carpentersville, IL 60110

(847)836-6204

www.trhsa.org

Weekly home visits, developmental screening, bi-monthly play groups, parent support and education sessions, support for expectant mothers, evening services, and weekend activities. The program is available to families who reside in Aurora, Carpentersville, and Elgin. Insurance: parents pay a co-payment based upon income and family size.

180 Lake Marian Road

Carpentersville, IL 60110

Phone: (847) 426-5063

Fax: (847) 426-5108

1380 Dundee Road Unit A-C

Elgin, IL 60120

Phone: (847) 622-8129

Fax: (847) 622-8162

They help alleviate the effects of poverty by providing education, support services, and opportunities for children and families. Services include emergency assistance, food pantry, outreach/intake referral, job training, scholarship program, back to school program, child care subsidy, and CSBG loan program. Counties served are Kane, Kendall, DeKalb, Boone, and Grundy.

Dr. Nancy Keck, M.D., Developmental Pediatrician

1555 Barrington Road, Ste. 415

Hoffman Estates, IL 60169

(847) 490-4222

Alexian Pediatric Specialty Group.

Eye Glasses

Eye Q Optique

722 S. Buffalo Grove, IL 60089

847-947-8875

Private provider that accepts Medicaid and All Kids. Glasses also covered.



Community Resource Guide

Lions Club

www.lionsclubofalgonquin.org

Lossman Eye Care Associates

96 Kennedy Drive Carpentersville, IL 60110

(847) 428-4884

Tartans Crossing

1979 Huntley Road

West Dundee, IL 60118

Phone: (847) 836-2020

Eye exams covered by Medicaid and All Kids. Glasses not covered.

Zenni Optical

Low cost eyeglasses online

(800)-211-2105

www.zennioptical.com

Willow Creek Care Center

67 E. Algonquin Rd.

South Barrington, IL 60010

(224)512-2600

Financial Assistance

Salvation Army

150 South Kennedy Dr. Suite 8B

Carpentersville, IL

(847) 428-5138

316 Douglas Avenue

Elgin, IL (847)741-2304

Support for Adults, Adult Rehabilitation, Elderly Services, Missing Persons, Children & Families, Hunger Relief, Housing & Homeless Services, Christmas Assistance, Youth Camps & Recreation, Latch Key Programs, Casework Services, Emergency Financial Assistance, Food & Nutrition.

McHenry County Family Community Resource Center

512 Clay St.

Woodstock, IL 60098

(815)338-0234

Community health & prevention programs, programs for person with developmental disabilities, mental illness, or substance abuse programs, employment training, independent living programs, financial support, employment & training programs, child care, other family services for low income families, information, outreach and referrals.



Community Resource Guide

Kane County Health Department

700 South State St.
Elgin, IL 60123
(847) 931-2700
www.dhs.state.il.us

Food & Nutrition

Algonquin Lake in the Hills Interfaith Food Pantry

600 E. Oak St.
Lake in the Hills, IL 6056
(847)854-1904
www.alith-foodpantry.org
Hours of Operation Tuesdays and Thursdays from 9:30am-11:30am and the 1st and 3rd Saturday of the month from 9:30am- 11:30am. Please plan to arrive at the Pantry by 11am to allow enough time to shop.

Food for Greater Elgin-serves residents in Elgin, South Elgin, and East Dundee

1553 Commerce Dr.
Elgin, IL 60123
(847) 931-9330
www.foodforgreaterelgin.org
Open Mon 6-8pm; Tue 9-11am; Wed 11-1; Thur 6-8pm; Sat 9-11am

Willow Creek Community Church

67 E. Algonquin Road
South Barrington, IL 60010
(224) 512-2600
www.willowcreekcarecenter.org
Hours of Operation Monday - Thursday 10 a.m.-12:30 p.m.; 6:30-7:30 p.m. Friday Closed Saturday 9-11:30 a.m. Sunday 1:30-3 p.m. *Must bring a picture ID*

WIC-Women Infants Children Program

(800)323-4769
www.fns.usda.gov

Trinity Baptist Community Church

5918 S Illinois Route 31
Crystal Lake, IL 60014
(815) 444-0355
Compassion Center
The Compassion Center is a resource for food and clothing for children. The center is open from 1 p.m. to 3 p.m. on Sunday after attending the 11 a.m. service. The items are available for free. Donations are also welcome.



Community Resource Guide

Immigration Services

Illinois Welcoming Center in Hanover Park

Christ Presbyterian Church
6900 Barrington Road in Hanover Park, Illinois.
(847)313-1912

The mission of the Illinois Welcoming Center is to provide immigrant and refugee individuals and families with an array of service information, programs, and classes to assist in their path towards successful integration to Illinois. It is open Monday through Thursday at 8:30 am to 5:00 pm, and Saturdays at 12:00 pm to 4:00 pm. Visitors may all schedule an appointment with a counselor by calling the Center. All services are free of charge.

Health Care

All Kids

Illinois State Health Insurance Program
(866) 255-5437
www.allkids.com

Aunt Martha's

3003 Wakefield Dr.
Carpentersville, IL 60110
(847)851-8600

Aunt Martha's Youth Service Center provides comprehensive health and social services for family members of all ages across Illinois. Many services are offered for free or at a reduced cost using a sliding fee scale and are not denied due to inability to pay. Bilingual Services Available.

Family Health Partnership Clinic

401 E. Congress Parkway
Crystal Lake, IL 60014
(815)334-8987

Provides primary health care to people without health insurance. These services are provided through a small staff and 29 volunteer physicians. Who we serve: Uninsured Eligibility requirements: Must not have insurance of any kind, including Public Aid.

Greater Elgin Family Care Center-Summit Health Center

370 Summit Street Elgin, IL 60120
(847) 608-1344
www.gefcc.org

Referrals to specialists and hospitals for x-rays, laboratory and advanced diagnostics are available. Babies are delivered at Sherman Hospital and St. Alexius Medical Center. Assistance with pharmaceuticals and prescriptions are offered; Medication is supplied as available. Other services offered include prenatal care, pediatric care, sick care, OB/GYN care, free pregnancy tests, dental care, mammograms, psychiatric care, school physicals, work physicals, sports physicals, flu shots, WIC, family case management, medical case management, and immunizations. Insurance: Sliding Fee Scale for uninsured patients; proof of income required. Medicaid, Illinois Health Connect, Medicare, All Kids and private insurances (PPO) accepted. Illinois Health Connect accepted. Bilingual Services Available.



Community Resource Guide

Illinois Department of Health and Human Services Helpline
(800)843-6154

Kane County Health Department
1240 N Highland Ave# 7
Aurora, IL 60506
(630) 897-1124
www.kanehealth.com
Bilingual Services Available.

McHenry Community Health Center
3901 Mercy Drive
McHenry, IL 60050
(815) 363-9000
General Psychiatry, Case/Care Management, Pediatrics, Obstetrics/Gynecology, Immunizations, Prenatal Care, Prescription Drug Patient Assistance Programs, Health Care Referrals, General Physical Examinations, General Medical Care

VNA Health Care
620 Wing St.
Elgin, IL 60123
(847)-717-6455
www.vnahealth.com
Annual preventive services, sick care treatment, care for chronic diseases, gynecological care, pregnancy care, mental health counseling, laboratory services, and pharmacy.
Insurance: Affordable health care for those with little or no insurance, Medicaid, Medicare, and most other insurance accepted. Discounts apply based on income level. Bilingual Services Available.

Well Child Center
620 Wing Street
Elgin, IL 60123
(847)741-7370
www.wellchildcenter.org
Provides dental services to youth between the ages of 1 to 18 years who are underinsured or uninsured.

WIC-Women Infants Children Program
(800)323-4769
www.fns.usda.gov

Rincon Community Clinic
3710 N. Kedzie Ave.
Chicago, IL 60618
(773)276-0200
Services Include Outpatient methadone treatment, Individual and group counseling, HIV, STD, and TB testing.
Services in Spanish.



Community Resource Guide

Illinois Dept. of Public Health

HIV/STD Hotline (800)243-2437

Hours: Mon – Fri, 9am-9pm; Sat and Sun, 10am-6pm

SERVICES INCLUDE: HIV/AIDS and STD Hotline. Testing referrals. Information available, but not counseling. Spanish speaking counselors available.

Health Resource Center for Women with Disabilities

345 E. Superior St., Room 106

Chicago, IL 60611

(312)908-7997

Information and referrals for women with disabilities jointly with Northwestern University. An accessible OB-GYN clinic. Mentoring program for girls.

Domestic Violence Advocacy and support for women and men. Weekly support groups.

Educational seminars. Free newsletter. All services are free, except OB-GYN clinic accepts insurance.

Hospice

Fox Valley Volunteer Hospice

200 Whitfield Drive

Geneva, IL 60134

(630)232-2233

www.fvvh.org

Services to those with life-threatening illnesses and the bereaved. Free services include hospice care, adult and children's support groups, medical equipment loans, and community education. Serves Kane, Kendall, and parts of DuPage, Cook, and McHenry counties.

Hope Hospice

Contact 847-803-0400

Sara Ombrello

Hope Palliative &

Hospice Care in Palatine

Grief work for FREE for families in community.

Independent Living

Lake County Center for Independent Living

377 N. Seymour Ave.

Mundelein, IL 60060

(847)949-4440

www.lccil.org

Provides services and advocacy to people with disabilities and communities in McHenry and Lake Counties. This includes advocacy, Independent living skills training, information and referral and peer counseling.



Community Resource Guide

Legal Assistance

Administer Justice

1750 Grandstand Place Suite #15
Elgin, IL 60123
(847)344-1100
Legal advice and referrals

The Chicago Legal Clinic

211 W. Wacker Drive, Ste. 750
Chicago, IL 60606
(312)726-2938
Fees are determined on a sliding scale according to income. Appointment required.

Legal Assistance Foundation of Chicago

120 S. LaSalle St., Ste. 900
Chicago, IL 60603
(312)341-1070
Project SAFE (Divorce and Orders of Protection) Serves low-income residents of Chicago in family law matters. Domestic violence cases are a priority. Appointments are required.

CARPLS

17 N. State St., # 1850
Chicago, IL 60602
(312) 738-9200
Legal advice and referral hotline. Provides legal advice over the phone and referrals to appropriate legal service.

Hope Now

(888)995-4673
National Helpline-500 counselors that assist with mortgage fraud, preventing foreclosures, and legal advice.

Prairie State Legal Services

5320 W. Elm St.
McHenry, IL 60050
(815)344-9113
www.pslegal.org
Offers free legal services to low income and those 60 and over.

Willow Creek Community Church

67 E. Algonquin Road South
Barrington, IL 60010
(224) 512-2600
Once a month



Community Resource Guide

Chicago Alliance Against Sexual Exploitation

307 N. Michigan Ave., Ste. 1818

Chicago, IL 60601

(773)244.2230

Please provide caller with referral to legal advocacy as well as to SAJP, Provide free attorney consultations for survivors (13 years of age or older), of sexual assault and exploitation. Can accompany survivors to police and prosecutor interviews.

Assist with housing, employment, and education issues. Assist survivors with civil matters including help with obtaining Civil No Contact Orders. DO NOT handle divorce or custody cases.

Handle cases by appointment only. Will do an intake for all clients and will provide referrals for cases they cannot handle. Services are free.

Internet Mental Health

www.mentalhealth.com

Listings on their website of non-profit organizations that provide respite, legal assistance, or therapeutic assistance. All services are free.

Level of Care

Alexian Brothers Behavioral Health Hospital

1650 Moonlake Blvd.

Hoffman Estates, IL

(847) 882-1600

Streamwood Behavioral Health

1400 East Irving Park Rd.

Streamwood, IL

(630) 837-9000

Provena St. Joseph Hospital

77 North Airlite St.

Elgin, IL 60123

847-695-3200

McKinney-Vento

Community Crisis Center Elgin, IL

(847)-742-4088

(847)-697-2380 (24-hour hotline)

www.crisiscenter.org

Individual and group counseling for women and children who are victims of domestic violence and sexual assault. Court advocacy for survivors of domestic violence and sexual assault. Shelter services for women and children (boys up to 12 years) for 4-6 weeks.

Groups for batterers on a sliding scale. Spanish speaking counselors available.

All services for women and children are free. Serving the far northwest suburbs of Carpentersville, Hanover Park, Hoffman Estates, Schaumburg etc...)



Community Resource Guide

Corporation for Affordable Homes of McHenry Co

209 Dean Street
Woodstock, IL 60098
(815)687-6723
www.cahmco.org

Expanding affordable housing opportunities in McHenry County. Programs it has available: down payment assistance, affordable housing for rent. Who we serve: Very-low and low income residents of McHenry County. Eligibility requirements: Income guidelines restrict access to services available through CAHMCO.

The Housing Authority of Elgin

120 S. State St.
Elgin, IL 60123
(847)-742-3853

The Housing Authority of Elgin administers two programs – the Family Self Sufficiency for Public Housing and Family Self Sufficiency for the Housing Choice Voucher program. These programs are designed to assist low-income residents to achieve self-sufficiency and quality of life goals.

Home Of The Sparrow

4209 W. Shamrock Ln.
McHenry, IL 60050
(815)271-5444

Transitional Housing, Non-Profit Organization Home of the Sparrow provides transitional and affordable housing and supportive services to homeless women and children. Supportive services include: Financial management, budgeting, life skills instruction, career planning, readiness training, parenting skills education, and trauma recovery. Provides housing and supportive services to homeless women who are single, pregnant, or accompanied by their children. Eligibility requirements: Must be 18 years or older, effectively managing mental health symptoms, no history of violence or pending criminal charges. Provides services to McHenry County and northern Illinois residents.

Lydia Home

4300 W. Irving Park Rd.
Chicago, IL 60641
(773)653-2200

www.lydiahome.org

At a time when our culture often seems to be coming apart, LYDIA is helping put families back together. It has become a successful alternative to state-run foster care and family assistance agencies. LYDIA's faith-based approach offers clinical and supportive services, including:

Safe Families (short-term housing arrangements for children), Foster Care, Residential Treatment, and Learn & Care Preschool



Community Resource Guide

McHenry County Housing Authority

1108 N. Seminary Ave.

Woodstock, IL 60098

(815)338-7752

www.mchenrycountyhousing.org

Emergency shelter, past due rent assistance and security deposit, first month rent for qualified applicants- Rental assistance and public housing for income eligible clients- Information and referral - Energy conservation information and home weatherization- LIHEAP: Low Income Home Energy Assistance Program- Assists eligible low income households pay for winter energy services by providing a one-time benefit. Senior and Very Low Income Dental Program on a limited basis. Owner-occupied rehab program.

McHenry County PADS

14411 Kishwaukee Valley Road

Woodstock, IL 60098

(815)338-6285

McHenry County PADS offers emergency and transitional housing coupled with support services in order to help homeless individuals work toward becoming self-sufficient. These support services enable individual to receive case management, job training, counseling and psychiatric services, as well as day to-day services including access to showers, laundry facilities, transportation, computers and an address at which to receive mail. The program is specifically designed to address the root causes of homelessness and not just treat the symptoms.

PADS of Elgin, Inc.

1730 Berkley Street

Elgin, IL 60123

(847) 608-9744

www.padsofelgin.org

Provides a year round overnight shelter for homeless persons and families. Shelter is provided between 7:00 pm and 7:00am. Services on site include a small meal after arrival in the evening and a cold breakfast prior to morning departure. A locked storage area for medications is available as are showers and washer/dryers for guest use. Caseworkers are available 9:00am-4:30pm Monday-Friday and 7:00pm-9:30pm every evening.

United Way of Elgin

1750 Grandstand Place, #5

Elgin, IL 60123

(847)741-2259

Shelter, emergency food, and counseling referrals. Services the six counties in the metropolitan area. Spanish speaking referrals given. All services are free.

Mental Health

Alexian Brothers St. Alexis Medical Center

1555 Barrington Road

Hoffman Estates, IL 60169

(847) 843-2000

Trauma Centers, General Health Education Programs, General Acute Care Hospitals, Perinatal/Postpartum Depression Counseling, Outreach Programs, School Refusal.



Community Resource Guide

Advanced Behavioral Solutions

2060 E. Algonquin Road, Suite 720

Schaumburg, IL 60173

(847) 496-4693

www.advancedbehavioralsolutions.com

Individual Therapy, couples therapy, family therapy, children groups, school advocacy, educational seminars, psychological evaluations, autism spectrum services. Insurance: They are a Fee-For-Service.

Advantage Behavioral Health

1138 N. Main St.

Algonquin, IL 60102

(847) 658-4ABH

Advantagebhs.org

Specialties include: depression, anxiety, relationship and marital counseling, children and adolescents (groups and individual), addiction and recovery, and trauma survivors.

ARBOR Counseling Center

820 E. Terra Cotta Ste. 215

Crystal Lake, IL 60014

(847) 913-0393

www.arborcounselingcenter.com

Therapy for all ages individually, couples, family, and group. Cannot prescribe medication. Insurance: Most major insurances excluding TRICARE, Medicaid, and public aid.

Arlington Center for ADD

3375 N. Arlington Heights Road

Arlington Heights, IL 60004

(847) 577-4530

www.arlingtoncenter.homestead.com

Focuses on assessments and treatments of ADHD individuals and their families.

Associates in Psychiatry

2050 Larkin Ave.

Elgin, IL 60123

(847) 697-2400

Serves families, children, and adults.

Insurance: BCBS, Humana, Medicare, CIGNA, no public aid.

Aunt Martha's Elgin

620 Wing St.

Elgin, IL 60120

(847)608-4250

Offers youth services, parenting techniques, teen pregnancy prevention, truancy prevention, juvenile justice service.

Insurance: Harmony, public aid, private insurances, sliding fee scales.



Community Resource Guide

Aunt Martha's Carpentersville

3003 Wakefield Dr.

Carpentersville, IL

(877)692-8686

Offers primary health, dental, behavioral health psychiatry, behavioral health therapy, prenatal care, family planning, family case management. Insurance: Humana, public aid, private insurances, sliding fee scales.

Awakenings Counseling Center

1190 E. Algonquin Rd.

Algonquin, IL 60102

(847) 347-0688

Awakeningscounseling.com

Individual, couples, and family counseling, effective parenting, multicultural issues, parenting children with special needs.

Behavioral Health Care Associates

1375 E. Schaumburg Rd.

Schaumburg, IL 60193

(847) 895-4540

Treatment for anxiety, substance abuse, alcoholism, depression, behavioral problems, OCD, ADHD, personality disorders, eating disorders, bad habits, and relationship issues. Insurance: Aetna, Humana, Magellan Behavioral Health, Medicare, Principal, Psych Health, and United. No sliding scale.

BZA Behavioral Health

650 E. Algonquin Rd, #108

Schaumburg, IL 60173

(847) 221-5622

www.bzabehavioral.com

Specializing in adolescents that are at risk of hospitalization and youth with co-occurring disorders.

Center for Collaborative Counseling & Psychiatry

2250 Point Blvd #140, Elgin, IL 60123

Phone: (847) 214-3651

Centro de Informacion

28 N. Grove Ave., Suite 200

Elgin, IL 60120

(847) 695-9050

Hispanic social service agency offering individual, youth, and family.

The Child, Adolescent & Family Recovery Center-West

3100 W. Higgins Road, Suite 175

Hoffman Estates, IL 60169

(847)457-6730 X424

www.recoverycenterwest.org



Community Resource Guide

Treatment services for children, adolescents, adults, families, and parents. They use a Dialectical Behavior Therapy approach to help people struggling with a variety of issues, such as borderline personality disorder, eating disorders, substance abuse, trauma, and mood regulation.

Dimensions Counseling

321 Jefferson St.
Algonquin, IL 60102
(847)-802-8393

www.dimensionscounseling.com

Individual, group, and family therapy to children, adolescents, and adults. They also offer consultation services, such as parenting classes and premarital counseling. Insurance: \$25 per group (introductory rate). BCBS, Aetna, CIGNA, Humana.

Doctor Annie Therapy Group

9 Crystal Lake Rd., Ste 250
Lake in the Hills, IL 60156
224-400-9961

www.doctorannietherapy.com

They specialize in the treatment of children, adolescents, and their families. They offer individual, family, and group therapy, as well as psychological testing. Dr. Annie is a behavioral specialist and aids parents in devising interventions to help their child respond positively to rules and directions, and with children who may have challenges with peers and academic pursuits. Dr. Annie has extensive specialized training and is considered an expert in the treatment of trauma; helping people of all ages begin to understand and regulate their individual nervous system after a traumatic experience. She also works with severe emotional behaviors such as bipolar disorder, self-injury and eating disorders.

Lawrence Kerns & Associates

124 Harrison St.
Barrington, IL 60010
(847) 381-7618

Adolescent and pediatric psychiatry. Insurance: Aetna PPO & HMO, BCBS PPO & HMO, Hrunana PPO & HMO, UniCare PPO & HMO, United Health Care PPO & HMO plans.

Ecker Center for Mental Health

1845 Grandstand Place
Elgin, IL 60123
(847)695-0484

www.eckercenter.org

Insurance: Medicaid, Medicare, and will bill private insurances. Variable fees based on family size and income is available for specific services and individual's diagnosis.

Family Alliance, Inc.

2028 N seminary Ave
Woodstock, IL 60098
(815) 338-3590

www.familyallianceinc.org

Provides mental health services.



Community Resource Guide

Family Service Association Of Greater Elgin Area

22 S. Spring Street

Elgin, IL 60120

(847) 695-3680

SASS program, children counseling, some family counseling. Insurance: BCBS PPO, All Kids

Fareha N. Malik, M.D. (LLC School-Based Services)

2130 Point Blvd., Suite 200

Elgin, IL 60123

(847)-783-0307

www.advancedpsychiatryofelgin.com

Psychotherapist consultation at school meetings, classroom observations, 504 plan consultation, IEP consultation, BIP consultation.

Harmony Counseling Services, LLC

457 Coventry Lane, Suite 115

Crystal Lake, IL 60014

(815)823-2299

www.harmonycounseling.org.

Individual, couples, and family counseling. Insurance: most insurance plans accepted.

Horizons Behavioral Health

500 Coventry Lane Suite # 205

Crystal Lake, IL 60014

(815) 455-7100

www.horizonsbh.com

Crisis interventions, evaluations, alcoholism, drug addiction. Child, family, individual, and marriage counseling. Insurance: most insurance plans accepted.

House Calls Counseling

3330 Old Glenview Road, Ste. 15

Wilmette, IL 60091

(847) 256-2000

www.housecallscounseling.com

Provider of psychotherapy in the comfort of the home is a human services organization dedicated to promoting the emotional and mental health of children, teenagers, adults, couples, and families. They focus on treating children and youth who experience attachment- and trauma-related problems so that they can learn to experience the joys of healthy connections with those who care for them, and so that those who care for them can experience the joys of their child or youth through successful parenting. Insurance: The rates for services per session hour range from \$150.00 to \$175.00. House Calls Counseling is a Blue Cross Blue Shield (BCBS) of Illinois (PPO) and will submit claims for clients who have BCBS PPO for their insurance. House Calls Counseling will verify benefits before beginning services.



Community Resource Guide

Kane County Mental Health Council

www.kanecountymentalhealth.org.

Includes: The Assoc. for Individual Development, Aunt Martha's Healthcare Network, Delnor Community Hospital, The Ecker Center for Mental Health, Family Counseling Service of Aurora, Family Service Assoc. of Greater Elgin Area, Gateway Foundation of Aurora, Greater Elgin Family Care Center, Kane County Health Dept., The Larkin Center, League of Women Voters, Mental Health and Mental Retardation Services, National Alliance on Mental Illness, NAMI Kane County, Provena Mercy Medical Center, Provena St. Joseph Hospital, Senior Services Assoc., Suicide Prevention Services, TriCity Family Services, and VNA of Fox Valley.

Dr. Plasmier & Assoc.

1800 McDonough Rd.

Hoffman Estates, IL 60192

(847) 742-6290

Learning disabled specialist, ADD, substance abuse, marriage therapy, Insurance: US Behavioral Health, BCBS, Value Options, Magellan, private pay.

Mather's Clinic

145 South Virginia Street, Suite C

Crystal Lake, 60014

(815) 444-9999 or (815) 387-7654

www.themathersclinic.com

Psychiatry services, behavioral mental health, works with children, adolescents, and adults, family marital counseling. Insurance: Most major insurances except for Medicaid.

Myers Counseling Group

300 Memorial Drive, suite 200

Crystal Lake, IL 60014

(815) 308-3368

Myerscounseling.com

Insurance: Accepts most insurances. Flexible payment plans are available for those without insurance.

Neal Psychological Specialties Center for ADD

185-1 Heritage Dr.

Crystal Lake, IL 60014

815-477-4727

www.nealps.com

Assessment, Testing and Coaching for Attention Deficit Disorder.



Community Resource Guide

Deborah K. Perry, LCSW

600 Spring Hill Ring Road, Suite 110
West Dundee, IL 60118
(224)636-8911

Trained in Eye Movement Desensitization and Reprocessing (EMDR), Prolonged Exposure (PE) Therapy, and Cognitive Processing Therapy (CPT). She specializes in treating Post Traumatic Stress Disorder (PTSD), as well as other traumas, anxiety, depression, and a variety of other disorders. Insurance: Employee Assistance Programs, in-network provider with most of the major insurance companies including Blue Cross Blue Shield, Aetna, Medicare, Medicaid, IlliniCare, Cenpatico, Magellan, Anthem, Cigna, United Healthcare, Value Options, and others.

Owens & Associates Counseling & Therapy Center, LLC

214 N. Main Street
Algonquin, IL 60102
(847) 854-4333

www.owenscounseling.com.

Works with children and adolescents, treats anxiety, depression, school phobia, eating disorders, and low self-esteem issues. Insurance: Most major insurances accepted; sliding scale.

Perakis, Resis, Woods, and Associates

390 Congress Parkway, Suite J
Crystal Lake, IL 60014
(815) 356-5050

www.prapsych.com

Psychiatric Evaluations, Medication Management, Individual Therapy, Family Therapy, Couples/Marital Therapy, ADHD Evaluations, Play Therapy, Parent Training/Child Behavioral Management, Group Therapy, Social Skills Groups, Disability Assessments, Psychological Testing.

Insurance: Accepts most major insurances, excluding Medicaid, Medicare, Kid Care.

Plum Tree: Child and Adolescent Psychology

511 Illinois Ave.
St. Charles, IL 60174
(630)549-6245

Dr. Ann Weller is a Child & Adolescent Psychologist who is specialized in DBT, offers individual and family therapy, coaching, and groups.

ProActive Behavioral Services

215 N. Main Street
Algonquin, IL 60102
(224) 678-9033

www.pbsdactors.com

Mood, anxiety, and cognitive disorders, substance abuse, relationship/life issues, and medication management.

Insurance: Most insurances are accepted.



Community Resource Guide

Samaritan Counseling Center

2296 N. County Line Rd.

Algonquin, IL 60102

(847) 458-4674

The Samaritan Counseling Center helps people through difficulties like: grief, depression, anxiety, loneliness, marital conflicts, abuse, and family relationships.

Sisterhouse

851 N. Lemington Ave.

Chicago, IL 60651

24 hour Crisis Line: (773)626-0525

On-site transitional living program up to 18 months for women 18 years and older who have already gone through detox and are recovering from substance abuse. Also accepts women who are HIV+ recovering from substance abuse. \$200 program fee on a sliding scale.

Solutions for Change

Jill Queffelec-LCSW

1623 Colonial Parkway

Inverness, IL 60067

(630)-926-7659

The focus is on children and adolescents, especially the ages of 10-16. Area of specialty is anxiety and depression, along with social skills training for those with Asperger's. Individual and group therapy is provided.

Suicide Prevention Hotline

(800)273-8255

www.suicidepreventionlifeline.org

The Trevor Project-National Suicide Helpline for Gay and Questioning Youth

(866)488-7386

www.thetrevorhelpline.org

Valley Psychiatry & Counseling, LLC

75 Market St., Ste. 12

Elgin, IL 60123

(847) 697-6290

www.elginpsych.com

Psychiatric evaluations, individual, group, and family sessions. They work with children and adults. They specialize in depression, anxiety, ADHD, obsessions and compulsions, bipolar disorder, personality disorders, psychotic disorders, addiction, body image and self-esteem issues, sexuality issues, grief. Insurance: BCBS, CIGNA, Medicare, Aetna, Health Select IPA, Advocate Sherman, United Health Care, Value Options, no public aid.



Community Resource Guide

Casa Central

1343 N. California Ave.

Chicago, IL 60622

(773)645-2300

Information and referrals for victims of sexual assault and domestic violence.

Court advocacy. Shelter and low-income housing referrals. After-school programs. CAN program (public aid necessary) Foster Care. Head start for 3-5 year olds. Services are free.

Neurologists (Pediatric)

Ann & Robert H. Lurie Children's Hospital of Chicago

225 E. Chicago Ave.

Chicago, IL 60611

(312)227-4000

Northwest Pediatric Neurology

2575 Algonquin Rd # A

Algonquin, IL 60102

(847) 658-4403

www.advocatechildrenshospital.com

Dr. Elizabeth Berry-Kravis, Pediatric Neurologist

1725 W. Harrison St., Ste. 718

Chicago, IL 60612

(312) 942-4036

Dr. Hossam H. Abdelsalam, Pediatric Neurologist

Alexian Pediatric Specialty Group

1555 Barrington Road, Ste. 415

Hoffman Estates, IL 60169

(847) 490-4222

Dr. Kohn, Psychiatrist/Neurologist

5404 West Elm St., Ste. Q

McHenry, IL 60050

(815)344-7951

www.drrobertkohn.com

Dr. Nancy Keck, M.D., Developmental Pediatrician

Alexian Pediatric Specialty Group

1555 Barrington Road, Ste. 415

Hoffman Estates, IL 60169

(847) 490-4222



Community Resource Guide

Parenting

Healthy Families America

228 S. Wabash, 10th floor

Chicago, IL 60604

(312) 663-3520

www.healthyfamiliesamerica.org

Helps expectant and new parents get off to a healthy start (parenting classes, food, clothing, diapers, WIC assist, etc.)

Community Coordinated Child Care

667 Ridgeview Dr.

McHenry, IL 60050

(815)344-5510

www.four-c.org

4-C is a private not-for-profit social service agency that has helped families and child care providers by offering resources and services that include Child Care Financial Assistance, Resource & Referral for Child Care, Parent and Provider Education, the Child Care Food Program as well as Nursing, Social Work, Mental Health, Quality and Infant/Toddler Specialists. The agency also advocates on behalf of children, families and Early Care and Education Providers.

Carpentersville Police Dept.

1200 L. W. Besinger Dr.

Carpentersville, IL 60110

(847) 551-3481

Strengthening Families Program /Familias Fuertes – Contact Griselda Hernandez

Recreation

Big Brothers Big Sisters of McHenry County

Carolyn Johnson

4318 B W. Crystal Lake Rd.

McHenry, IL 60050

(815)385-3855

Carolyn.johnson@bbbsmchenry.org

www.bbbsmchenry.org

Northern Illinois Special Recreation Association (NISRA)

285 Memorial Dr.

Crystal Lake, IL 60014

(815)459-0737

www.nisra.org

Enriching the lives of people with disabilities through meaningful recreation experiences.



Community Resource Guide

Illinois Special Olympics

103 Schelker Rd #25
Lincolnshire, IL 60069
(847)883-0997

There are many opportunities available for you to get involved with Special Olympics including serving as a volunteer or committee member, helping with fundraising or competing as an athlete.

Seniors

Senior Services Associates, Inc.

Greater Elgin Senior Center

101 South Grove Ave.
Elgin IL, 60120
(847)741-0404

Senior Services Associates, Inc. is a non-profit agency dedicated to sustaining and improving the quality of life for mature adults, persons with disabilities and their caregivers by providing access to the social services they need. We are dedicated to preserving their independence, promoting mental and physical well-being, and protecting their rights and dignity.

Dundee Township Park District-Senior Center

665 Barrington Ave.
Carpentersville, IL
847-551-4307

The Senior Center is a place for adults age 50 or better. They offer a wide variety of classes, special events, day trips, fitness programs, card playing groups, social clubs.

Substance Abuse

Al-Anon & Al-Teen

255 E Chicago St.
Elgin, IL 60120
(847)289-4326
(815)459-6190 24 Hour Hotline

Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings.

Gateway Foundation

-400 Mercy Lane
Aurora, IL 60506
877-505-4673
-3828 W. Taylor St.
Chicago, IL 60624
877-505-4673
-1706 N. Kedzie Ave.
Chicago, IL 60647
877-505-4673
-444 N. Orleans, Ste. 400



Community Resource Guide

Chicago, IL 60654

877-505-4673

-25480 W. Cedarcrest Lane

Lake Villa, IL 60046

(815)505-4673

www.recovergateway.org

Illinois Largest Provider of Substance Abuse Treatment with 10 treatment sites across the state providing residential and out-patient, and aftercare programs. Programs vary by location.

Pioneer Center For Human Services

4001 Dayton Street, McHenry, IL 60050

(815)344-1230

www.pioneercenter.org

Provides day, residential, and case management support services for individuals with developmental disabilities (including vocational preparation and training) day, residential services, and case management day program and case management support for those with traumatic brain injury; children and adolescents at risk and in need of counseling (including psychiatric services); pregnant and parenting teen education and support, delinquency intervention and after school program, and runaway and homeless youth services. Who we serve: Developmentally disabled, mentally ill, substance addicted, homeless, at-risk youth and their families, victims of sexual assault and others.

Renz Addiction Counseling Center

2 American Way #C

Elgin, IL 60120

(847) 742-3545

www.renzcenter.org

Their mission is delivered through substance abuse and problem gambling treatment services, HIV prevention services, teen pregnancy prevention education, employee assistance services for small businesses, and substance abuse prevention education for youth and the community including drug/gang prevention coalition building.

Rosecrance McHenry County

4501 Prime Pkwy

McHenry, IL 60050

(815)363-6132

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families throughout the country. With more than 20 locations in the Chicago and Rockford areas, Rosecrance offers comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education. Rosecrance also offers high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs.



Community Resource Guide

Therapy

Adult and Child Therapy Services

708 Washington Street

Woodstock, IL 60098

(815)338-1707

www.adultchildtherapy.org

Provides physical, occupational and speech therapy to McHenry County residents of all ages, developmental screenings and free fall risk screenings. Who we serve: All ages Eligibility requirements: A doctor's prescription is required.

Midwest Center for Children

4701 N. Oak Street

Crystal Lake, IL 60012

(815)788-1020

www.dreamriderstlc.com

Not-for Profit facility that provides therapy for children to address physical, sensory, and social concerns, using a variety of treatments and therapeutic tools. Programs offered at the Center include physical, occupational, speech therapy, equine assisted therapy, therapeutic riding, and riding lessons.

Evangelical Child and Family Agency

1530 N. Main St.

Wheaton, IL 60187

(630)653-6400

ECFA is an evangelical Christian social services agency. We provide many services, including adoption, pregnancy counseling and care, family and individual counseling, and child welfare services, which include intact family services and Safe Families for Children.