



# Elementary Breakfast Menu

June 2010

**WG** Made with healthy  
Whole Grains



Local ingredients are  
used when in season

*featured sides*

**1** **Bacon Egg & Cheese on a English Muffin**  
*featured sides*  
Animal Crackers  
Apple Juice  
Choice of Milk

**2** **Cheerios Breakfast Bar**  
*featured sides*  
Graham Crackers  
Apple Cherry Juice  
Choice of Milk

**3** **Ham & Cheese Bagel**  
*featured sides*  
String Cheese  
Grape Juice  
Choice of Milk

**4** **Chocolate Chip Muffin**  
**WG**  
*featured sides*  
Graham Crackers  
Orange Juice  
Choice of Milk

**7** **Apple Nurtigrain Bar**  
*featured sides*  
Animal Crackers  
Grape Juice  
Choice of Milk

**8** **Sausage Egg & Cheese Biscuit**  
*featured sides*  
Graham Crackers  
Apple Juice  
Choice of Milk

**9**  
*featured sides*

**10**  
*featured sides*

**11**  
*featured sides*

## Summer Recess

Have a safe and fun summer!

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### Choose an Entrée

**+ take up to 2 sides**

**+ Grab a milk**

Low fat and skim varieties are available.

### AMP UP WITH BREAKFAST!

Be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body.

Algonquin Lakes, Dundee Highlands, Eastview, LITH, Liberty, Lincoln Prairie, Neubert, Westfield

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